NOVEMBER NEWSLETTER

Dear Patients,

Happy November!!! Only a few days until Thanksgiving. While we all want to practice self control over that wonderful Thanksgiving dinner, we have something to help you through in case you eat a little too much pumpkin pie!

ZYPAN (one of our Standard Process vitamins):

This product supports healthy digestion. It contains hydrochloride to facilitate healthy digestion. Zypan maintains gastric pH so that you can digest all those mashed potatoes and pumpkin pie!!!

Ask about it at the front desk! It is a great product if you suffer from indigestion.

OFFICE NEWS:

We are going to start a trial program of sending reminders of appointments via email. PLEASE VERIFY YOUR EMAIL ADDRESS AT THE FRONT DESK!!!!!!!

Many insurance companies send out new cards at the beginning of the year. They may contain different numbers than what we have on file for you in our office. If you receive a new card, **PLEASE GIVE A COPY TO THE FRONT DESK.**

TOMMY REPORT (Drs. Smith and Trax's son): Tommy is almost done with his 1st semester at UT. He would much rather be fishing or riding his dirt bike than sitting in Biology classes, but so far, so good!!

<u>LIAM REPORT</u> (Dr. Carr's son): Liam is thriving! He loves animals and Elmo! He also had a great heart check up at U of M! We are so excited for his first Thanksgiving, because we are so grateful that his health is turning around, and because he loves food! Especially those mashed potatoes!

Thank you for being part of our practice. We appreciate all of you and wish you all a Happy Thanksgiving!

Dr. Tlmothy Trax

Dr. Connie Smith-Trax

Dr. Casie Carr