1st Choice Chiropractic: General Pain Quantient Name:							Date:				Claim#:		
We would like to know how much your pain PRESENTLY prevents you from doing what you would normal do. Regarding each category, please indicate the OVERALL impact your present pain has on your life, not just when the pain is at its worst.													
1. Family/Ho	ome Res	<u>sponsibi</u>	lity: suc	h yard w	ork, cho	res arou	nd the h	ouse or (driving t	he kids to	o schoo	l, etc.	
Unable to perform activity	0	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
2. Recreation	n: includ	ling hobb	ies, sport	ts, or oth	<u>er leisur</u>	e activiti	es, etc.						
Unable to perform activity	0	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
3. Social Act	ivities: i	including	parties,	theater,	concerts	, dining-	out, and	attendi	ng social	function	ıs, etc.		
Unable to perform activity	O	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
4. Employm	ent: incl	uding job	duties a	nd volun	teering,	etc.							
Unable to perform activity	0	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
<u>5. Self Care:</u>	includin	g taking a	shower,	driving,	and/or	getting d	ressed,	etc.					
Unable to perform activity	0	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
6. Life Supp	ort Activ	vities: in	cluding 6	eating, sl	eeping, e	etc.							
Unable to perform activity	0	1	2	3	4	5	6	7	8	9	10	Able to perform activity at the same level as before injury or problem	
Physician Si	anch												